

Aurifil Block of the Month
October - yellow greens

Designed and made by Helen Stubbings
of Hugs 'n Kisses



Block measures 12" finished

Requirements:

13" square of background fabric (green/white spot)
6" square of six coordinating fabrics (from Basically Hugs line for P&B textiles)
Hugs 'n Kisses Applique paper
Sewline fabric glue pen or similar
Hugs 'n Kisses applique and stitchery needles
Auriful Mako 50wt thread #2886
Aurifil Mako 12wt #5016,1231
Roxanne's basting glue or similar
6" embroidery hoop
Sewline grey ceramic pencil or similar
Lightbox

Cutting: Cut one background square 13" x 13"
Cut one background stabiliser 13" x 13"

Embroidery

Place the design sheet under the background fabric ensuring the design is centred. Place both onto a light box or light source.

Trace the embroidery design onto your fabric using the ceramic pencil.

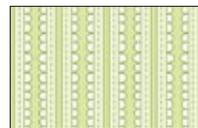
Fuse the stabiliser to the wrong side of your fabric following the Manufacturer's instructions.

Place your piece into an embroidery hoop having the fabric taut but not stretched. Stitch over all your drawn lines using a Hugs 'n Kisses stitchery needle (crewel #7) following the stitch guide.

Basically Hugs



25637 - GRE1



24112 - GRE1



25045 - GRE1



25040 - LTGRE1



25042 - GRE1



25043 - GRE1



25042 - GRE/CRE1

Tip: fold the design sheet into quarters ensuring that each edge meets (it is symmetrical so it will match.)

Do the same with your background fabric square - line up the creases on each and you will be straight and centred.



English Paper piecing: The Hugs 'n Kisses way (note: applique paper templates DO NOT have to be removed, simply wash to semi dissolve if desired)

Trace or print 24 x template A shape onto Hugs 'n Kisses applique paper.
Cut out on the drawn line (just use a good pair of scissors or a rotary cutter).

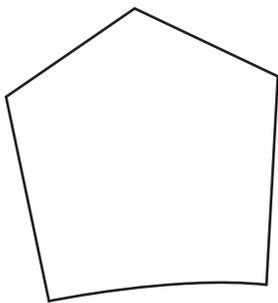
Fuse your template shapes onto the wrong side of your chosen fabrics.
I used 6 different fabrics and made 4 of each. Leave a 1/4" seam allowance around all sides of each shape.

Cut out with good fabric scissors leaving the approximate 1/4" of seam allowance.

Run a line of glue around the edge of the paper shape - one side at a time, just a small line no wider than the seam allowance. With your thumb fold up the fabric until you feel the edge of the paper and then press down onto the glue. Repeat for each side. Stitch your 24 wedges together using a Whip stitch, applique needle and the 50 wt cotton thread.

Position your finished circle centrally over the background fabric and embroidered design. Place small dots of basting glue under the edges. Applique into place using an applique needle, 50 wt thread and a blind applique stitch.

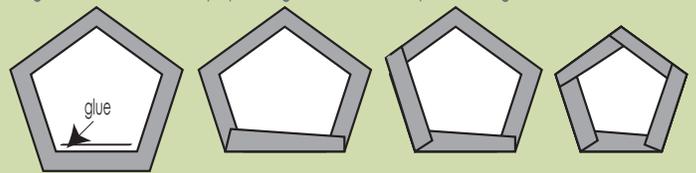
Once complete press well and trim back your block to measure 12 1/2" x 12 1/2" square with the design centred.



Dresden Template:
trace and cut
24 OR
print page 4 onto
one sheet of applique paper
through an INJKET printer.

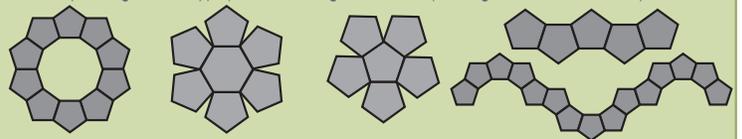
Iron on Pentagon/Dresden wedge how-to

Fuse precut iron on hexies to wrong side of chosen fabrics. Position for fussy cutting if you wish to. Cut out roughly with a small 1/4" seam allowance.
Run a line of glue down side of paper shape.
Fold seam allowance until you feel edge of paper then press down onto glue. Do not fold over paper edge. Start at same point and go in a clockwise direction.

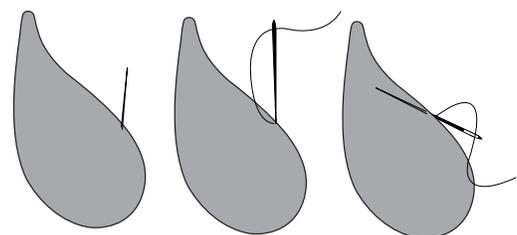


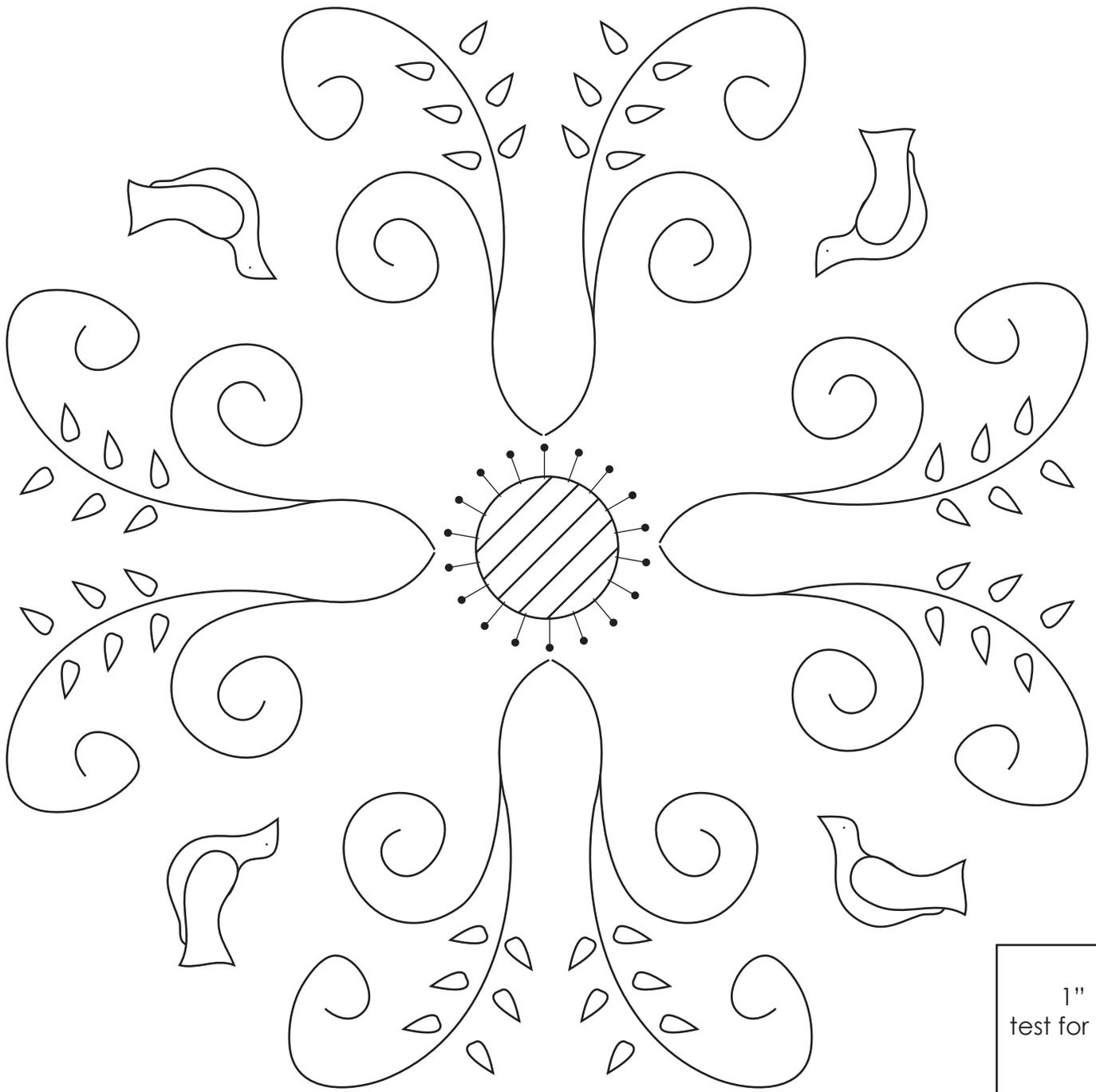
Sew pentagons/wedges by placing right sides together and whip stitching. There are many layouts and ways pentagons can be used but stitching together is generally always done in the same way.
Use a strong fine thread (poly or silk) and a Hugs 'n Kisses applique needle.

For more assistance with sewing pentagons please visit:
<http://hugsnkisses.typepad.com/hugsfromhelen/pentagons-the-iron-on-way.html>



Blind or applique stitch





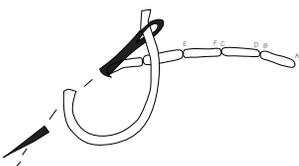
1"
test for size

Aurifil Mako 12wt
One strand
A #5016
B #1231

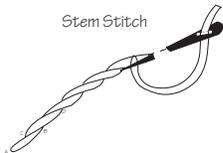
Curls - chain stitch - A
Leaves - double detached chain - B
Bird bodies - back stitch - A
Bird wings - stem stitch - B

Centre circle - stem stitch - B
Centre lines - backstitch - B
Pistils - backstitch - B
Pistil dots - french knot - A

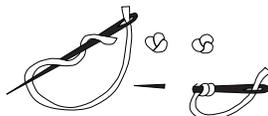
Back Stitch



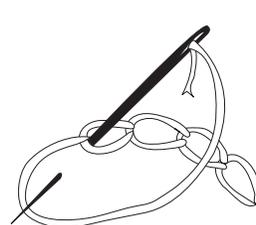
Stem Stitch



French Knot



Chain Stitch



Detached Chain or Lazy Daisy

