

# Limone Block



**AN AURIFIL DESIGNER OF THE MONTH BLOCK  
CELEBRATING THE BRIGHT AND DELICIOUS LEMONS OF SICILY  
BY KATE TONEY OF TOUGH KITTEN CRAFTS**

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Go to [www.ToughKittenCrafts.com/LimoneBlock](http://www.ToughKittenCrafts.com/LimoneBlock) to download the embroidery files for this block, get help making this block and learn more about the Tough Kitten Crafts Limone Block Machine Embroider A Long that will be held in the Tough Kitten Crafts FB Group.

These step by step instructions also include applique instructions for makers who do not have an embroidery machine.

## Supplies:

- Fusible Woven by OESD 12.5" x 12.5"
- Background fabric 13" x 13"
- Lemon colored fabric, roughly 3.5" X 6"
- Lemon splash colored fabric 3.5" x 3"
- Soft Web by OESD cut into 3.5" X 6" and 3.5" x 3" pieces

*\*\*Note: You want a clear, light weight fusible interfacing because we will not have a satin stitch to hide it for us.*

- Stabilstick Tearaway from OESD, sized to fit embroidery hoop
- Aurifil Sicily collection, I used thread 2115 for the lemon and 2105 for the juice
- 75/11 Embroidery Needle
- Applique Scissors
- Limone Block Embroidery file or outline for applique

## Instructions:

1. Fuse the fusible woven to the wrong side of your background fabric
2. Fuse each of the yellow fabrics to their corresponding HeatNBond pieces
3. Thread your machine with color 2115 thread on top and in the bobbin
4. Find the center of your background fabric by pressing the fabric in half (right sides to together), both by the length and width so you now have two creased lines into the fabric. I like to set this crease with a quick hit of the iron.
5. Upload Limone embroidery files to your machine
6. Hoop StabilStick stabilizer by removing the paper and hooping the sheet as a whole. Be careful, it will stick to everything
7. Secure your background fabric to the StabilStick, doing your best to center it (If you have a BERNINA, now is the time for pinpoint placement!)
8. Stitch out a basting stitch around your design (This will help keep your fabric in the hoop)
9. Stitch out your first placement line.
10. Place corresponding, fused fabric over the section and stitch out the cut line.
11. Pull hoop off your machine and carefully cut around cut line. Do not pull on fabric or cut your stitches
12. Stitch out blanket stitch
13. Repeat for every shape in embroidery applique design until finished, changing threads when moving to the lemon splash shapes.

**Note:** Everyone who learns with me knows this: I ALWAYS cut corners. ALWAYS! I love to get the BEST product possible in the least steps imaginable. Having said when I tested out this block I did all the fabric placing and cutting and once and it was a nightmare and, most importantly, didn't look good. It's a bit tedious to do each shape in it's entirety before moving onto the next but it truly does help get the best finished product.

Having said that....

## Alternative Method:

I had great success with an alternative method of cutting the fabric. In this method I stitched out the placement line, placed the fabric, then stitched out the blanket stitch and cut away from the blanket stitch. You must be even more careful when cutting, lest you snip your stitches, and take care to create smooth shapes. However, I loved this method! Certainly worth trying if you're like me and love finding more efficient ways to make.

14. Remove hoop from machine
15. Remove Stabilstick from hoop.
16. Remove basting stitches by turning over the fabric and first snipping the bobbin threads on the wrong side. Now you can pull the thread away on the right side.
17. Remove the Stabilstick tear away by supporting the stitches with your thumb and pulling it away.
18. Trim the block to 12.5" x 12.5"

## *Applique Instructions:*

Follow Embroidery instructions 1-4

5. Trace shapes from PDF onto corresponding, fused fabric pieces.
6. Cut out shapes
7. Arrange shapes on your fabric, centering the full design on your background fabric.
8. Stitch the shapes to your fabric using a triple blanket stitch. If you are in a BERNINA I recommend using the #20/#20C/#20D foot for applique.
9. Switch to tread number to finish the splash shapes
10. When finished, trim block down to 12.5" x 12.5"

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